

TAMATTA. CIRCLE OF SUPPORT.

Tamatta – All of us in the Circle of Support can help to promote a healthy pregnancy.



**It is safest not to drink alcohol or
use other substances during pregnancy.
It's never too late to reach out.**



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PIRUQATIGIIT
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 [Facebook.com/ᐱᕈᕐᑖᑎᑦ-ᑖᑎᕐᑖᕐᑦ-Piruqatigiit-Resource-Centre](https://www.facebook.com/ᐱᕈᕐᑖᑎᑦ-ᑖᑎᕐᑖᕐᑦ-Piruqatigiit-Resource-Centre)

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United for Life

 Inuusivut Anninaqtuq
Unis pour la vie

