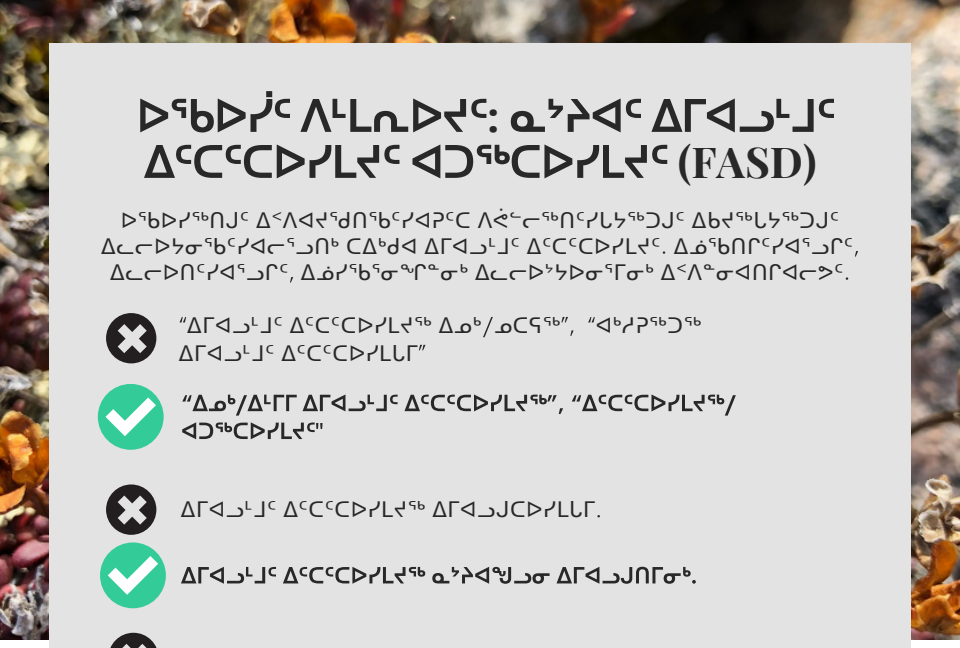

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(FASD)
ᐅᖃᐅᓯᖅᑎᒍᑦ ᐃᑉᐱᐊᔪᖁᑎᖃᑦᓯᐊᕈᑦᑕ ᐱᕚᓪᓕᖅᑎᑦᓯᒐᔭᖅᑐᒍᑦ ᐃᑲᔪᖅᒐᔭᖅᑐᒍᑦ ᐃᓚᓕᐅᔭᓂᖃᑦᓯᐊᓕᕐᓗᑎᒃ ᑕᐃᒃᑯᐊ ᐃᒥᐊᓗᒻᒧᑦ ᐃᑦᑕᑦᑕᐅᓯᒪᔪᑦ. ᐃᓅᖃᑎᒋᑦᓯᐊᕐᓗᒋᑦ, ᐃᓚᓕᐅᑎᑦᓯᐊᕐᓗᒋᑦ, ᐃᓅᓯᖃᕐᓂᖏᓐᓂᒃ ᐃᓚᓕᐅᔾᔭᐅᓂᕐᒥᓂᒃ ᐃᑉᐱᓐᓂᐊᑎᒋᐊᓕᕗᑦ.

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ᓄᓇᕗᒻᒥ ᑎᑎᕋᐅᓯᖃᕐᓂᖅ ᐃᒥᐊᓗᒻᒧᑦ ᐃᑦᑕᑦᑕᐅᓯᒪᔪᓂᑦ ᐊᑐᕆᐊᓖᑦ ᖃᕆᓴᐅᔭᒃᑯᑦ ᐊᑐᐃᓐᓇᐅᔪᑦ piruqatigiit.ca

“ᐃᒥᐊᓗᒻᒧᑦ ᐃᑦᑕᑦᑕᐅᓯᒪᔪᖅ ᐃᓄᒃ/ᓄᑕᕋᖅ”, “ᐊᒃᓱᕈᖅᑐᖅ ᐃᒥᐊᓗᒻᒧᑦ ᐃᑦᑕᑦᑕᐅᓯᒪᒐᒥ”

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ᐅᖃᐅᓯᖃᕈᓗᔭᑐᐃᓐᓇᕐᓂᖅ ᐃᒥᐊᓗᒻᒧᑦ ᐃᑦᑕᑦᑕᐅᓯᒪᔪᓂᑦ ᐱᐅᙱᓐᓂᖃᕐᒥᔪᖅ.

ᐃᒥᐊᓗᒻᒧᑦ ᐃᑦᑕᑦᑕᐅᓯᒪᔪᖅ 100%ᒥᑦ ᐃᑦᑕᑦᑕᐅᓯᒪᙱᒍᓐᓇᖅᑑᒐᓗᐊᖅ.

ᐃᒥᐊᓗᒻᒧᑦ ᐃᑦᑕᑦᑕᐅᓯᒪᔪᖅ ᐃᒥᐊᓗᒍᑕᐅᓯᒪᒐᒥ.

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ᐃᓕᖅᑯᓯᖃᓲᑦ ᐅᕝᕙᓘᓐᓃᑦ ᑕᐅᑦᑐᖃᓲᑦ ᐃᒥᐊᓗᒻᒧᑦ ᐃᑦᑕᑦᑕᐅᓯᒪᔪᑦ.

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*Adapted from ᐃᓄᐃᑦ ᑕᐱᕇᑦ ᑲᓇᑕᒥ: https://www.itk.ca/national-inuit-suicide-prevention-strategy-year3/